



September 2 – 5, 2016

The Historic Whitcomb Hotel, 1231 Market Street (@ 8th Street)

San Francisco, California

www.eastwestqi.com

**Program Schedule Flow at a Glance: September 2-5, 2016
Including pre and post Congress Workshops and Consultations
(Program subject to changes)**

PROGRAM SCHEDULE – FRIDAY and before

Special Feature:

August 29 & 30, 2016. Two days 9am to 4pm seminar with famous Dr. Wang Yan from Holland and China on Medical Qigong and special Obesity, Stop Smoking and Cancer therapy and other serious conditions. Personal consultations available. Website eastwestqi.com.

Friday, Sept 2.

Half-Days

9 am -12 pm

Dr. Nadia Hole and Nigel Butler, "Practical Qi, from Surfing to Spiritual - What Really Works!" and "Me to We" Ho'oponopono Qi for Personal Peace & Transformation

1:00 pm – 4:00 pm

Master Cathy Mu, "How to Master Your Health, Wealth, Beauty, & Happiness"

9:00 am – 4:00 pm

Pre-Congress Workshops (Full Day 9 am to 4 pm)

1:00 pm – 7:00 pm

Exhibitors on Qigong, Tai Chi, and TCM

4:30 pm – 6:30 pm

Reunions of Qigong groups with their Masters...e.g. Chow Qigong (Ghirardelli Room) and others

7:00 pm – 10:00 pm

6:40 pm – 7:00 pm

Classic Lion Dance for Prosperity and Good Fortune

Grand Opening Ceremony with **Dame Dr. Effie Chow** and **Dr. Steven Aung M.D.** from Edmonton, Canada - Buddhist Prayer. On stage co-chairs, VIPs, special guests **Dr. Anita Marshall** – National Anthem and the Theme Song "To Dream the Impossible Dream" with lyrics for audience to join in.

Presentations Proclamations, VIP acknowledgements, etc.

Grandmaster Dr. Wang Yan (15 min) China and Holland - "Medical Qigong for Obesity, Smoking Cessation, and Cancer Prevention"

Jane Sibbett (15 min) "Jane's Dancing Hands"

8:00 pm - 8:30 pm Ken Rochon & Nadia Linda Hole, MD - "Amplifying Qi Online for Your Dreams, Wealth, & Success"

Dr. Liu Chao - from Tokyo. (15) World Champion of The Six Sounds Qigong

Guolin Qigong (15 min) Specializing in Cancer – 5 Experts from China

Crystal Chu Rimpoche (15 min) Black Sect Buddhism Feng Shui

Siddhartha Lama Tamang and Animesh Lal Shrestha – (15min) from Nepal, Wuma Qigong

John Mattison, M.D. (15 min) Evolving Science of the Healing Power of Touch

Master Marisa Vocca, from Rome, Italy (15 min) – "Qigong for a better World -- Practical applications and projects are precious and possible in Western society"

Master Cathy Mu – (15 min) "Dancing Qi Gong for vibrant health, ever-lasting beauty, and closer connection with the Divine"

PROGRAM SCHEDULE – SATURDAY

8:00 am – 7:00 pm Exhibitors on Qigong and TCM

7:00 am - 8:30 am Outside City Hall Plaza or Whitcomb Hotel: 17th WCQTCTCM Open Qigong Exercise with Masters

9:00 am – 12:30 pm Scientific Symposium

Dr. Shin Lin, Chair – "New Breakthroughs! 'Energy' in different forms, including biophotons, DC electric field, electrical current, physical force/energy or *jing*"

Gaetan Chevalier, PhD - "Devices for Bio-Energy Measurement & Characterization"

Dr. Beverly Rubik, PhD - "Physical Light Measured During Energy Healing Sessions under Controlled Conditions in the Laboratory"

Dr. Chong Pin Ong, PhD - "Generating Inner Strength (Neijin 内劲)"

12:30pm - 1:45pm Lunch on own

1:45 pm – 4:00 pm Healing Session for Mind, Body, Spirit, and Soul...in Whitcomb

Ballroom

- **Dame Dr. Effie Chow** (15 min) distance healing Chow Medical Qigong
- **Dr. Terry Shintani M.D.** - The Peace Diet (20 min)
- **Kevin W Chen, Ph.D. MPH** - TCM Qigong & Self-Healing for Cancer Recovery. (20 min)
- **Sifu Alex Feng** - (20 min) I Am a Seaweed Qi Gong: The Evolution
- **Dr. Anita Marshall** - Herb and Drug Interactions (20 min)
- **Dr. May Loo MD** Gastrointestinal symptoms in Infants East & West (20 min)
- **Dr. Uwe Albrecht, M.D.** from Germany - "The Qi in modern Energy Medicine" (20 min)
- Performances and presentations (10-20-30 minutes) by Masters and experts in Qigong, Tai Chi, Martial Arts, Traditional Chinese Medicine, Medicine, Massage, Naturopathic medicine, Natural Medicine, Acupuncture, Meditation, Complementary and Alternative Medicine (CAM), Herbal Medicine, Prayer Therapy, Spiritual/Mental Health, The Arts in Healing – Dance, Music, Performance, Art, Health, Air, Water and Organic Food and Nutrition & Much, Much More!

3:00 pm – 4:15 pm Simultaneous Workshop

Ghirardelli Ballroom M2 **Jane Sibbett** – "Jane's Dancing Qi Hands Part 1"

Fisherman's Wharf M3 **Master Arial Ondoua Betti** Tunisia, Africa

Lombard M4 **Lewis Regen and Candace Regen** - Experience Full Body Energy Awakening and Revitalization with this Integrated Qi Gong flow.

4:30 pm – 5:45 pm Simultaneous Workshops A

Ballroom A1 Preparation for Evening Award Event

Ghirardelli A2 **Master Cathy Mu** - The Secret to the Fountain of Youth, Radiating Beauty, & Joyful Love (Part I)

Fisherman's Wharf A3 **Kevin W Chen, Ph.D. MPH** - TCM Qigong & Self-Healing for Cancer Recovery. Also Mindfulness Meditation

Lombard A4 **Siddhartha Lama Tamang and Animesh Lal Shrestha** from Nepal, Wuma Association

Nob Hill A5 **Dr. May Loo MD** Gastrointestinal symptoms in Infants East & West

Russian Hill A6 **Peter A. Gryffin, PhD, MS.** - Metarobics A New Paradigm in Tai Chi and QigongREsearch

Telegraph Hill A7 Personal Appointments

Union Square A8 **Ken Rochon** Promoting your dreams via social media

Coit Tower A9 **Health Policy Recommendations John Mattison, MD, Dr. Shin Lin, Master Bill Douglas** Develop White Paper for Administration, White House.

6:00 pm – 7:00 pm No Host Cocktail Bar

7:00 pm – 9:30 pm GALA EVENING PROGRAM/DINNER WITH AWARDS, PERFORMERS, Terry Luk's 10-piece CHINESE ORCHESTRA, LIVE AUCTION, AND EXTRAORDINARY PRESENTATIONS AND HEALING.

- **Abbot Shi Yangran** and Shaolin Temple San Francisco
- **Master Phillip Wong** and **Zhang Hong Mei** & Pacific Wushu
- **The Grant Avenue Follies with Cynthia Yee** leading into the next phase....the healing of Qi-Dancing/Music

9:00 pm - 12:00 am NETWORKING, OPEN UNIVERSAL QI-DANCING AND MUSIC BY DJ Oscar Urrutia

PROGRAM SCHEDULE – SUNDAY

7:00 am – 8:30 am Open Qigong Exercise

7:00 am – 6:00 pm Exhibit Hall

9:00 am - 12:00 pm Simultaneous Workshops

	B: 9:00 am - 10:15 am
Ballroom and Treatment Ghirardelli Fisherman Room	B1 Dr. Wang Yan - Obesity, Stop smoking and Cancer Prevention
	B2 Lama Tantrapa - The Dao
	B3 Violet Li Chen Style Silk Reeling, which is the foundation of Chen Tai Chi
Lombard	B4 Sifu Alex Feng – “I am a Seaweed Qi Gong: The Evolution”
Nob Hill	B5 Dr. Steven Aung M.D. - Chinese Calligraphy and Art Healing Qi
Russian Hill	B6 Wang TianJian from China Qigong and Acupressure
Telegraph Hill	B7 Personal Appointments
Union Square	B8 not available in am
Coit Tower	B9 Chow Medical Qigong exercise and meditation - Katrina, Elvia, Daisy, Fatima, Janny, Judy, Greg, Ann, and others
	C: 10:30am to 11:45am
Ballroom Leandro Ghirardelli	C1 Master Shi RanYan Shaolin Temple San Francisco, San
	C2 Dr. Sandra Rose Michael, PhD, Radiation to Radiance
Fisherman Room	C3 John Mattison, M.D. & Dame Dr. Effie Chow The Skillful Art and Science of Touch in Healing
Lombard	C4 Dr. Terry Shintani, M.D. - The Peace Diet
Nob Hill	C5 Violet Li - How to promote Tai Chi/Qigong?
Russian Hill	C6 Dr. Anita Marshall - Herb and Drug Interaction
Telegraph Hill	C7 Personal Appointments
Union Square	C8 not available in am.
Coit Tower	C9 Dr. Liu Chao - from Tokyo. World Champion of The Six

Sounds Qigong

12:00 pm – 1:45 pm Lunch (provided if they have paid for meal otherwise they are on their own) Raffle.

15 min. Presentations by:

Master Bill Douglas, WTCQD Tai Chi and Taoist Philosophy for Health Science & Global Transformation

Lama Tantrapa, The Dao

Dr. Nadia Hole and Nigel Butler, "Practical Qi, from Surfing to Spiritual - What Really Works!" and "Me to We" Ho'oponopono Qi for Personal Peace & Transformation

Dr. Sandra Rose Michael - Hawaiian Chant

2:00 pm – 4:45 pm Simultaneous Workshops

D: 2:00 pm - 3:15 pm

Ballroom D1 **Shaolin Temple of SF** - Qigong for Children with their parents.

Ghirardelli D2 **Jane Sibbett** - "Jane's Dancing Qi Hands Part 2"

Fisherman's Room D3 **Lee Holden** - Easy Qigong

Lombard D4 **Master Marisa Vocca from Italy** – "Qigong for a better World -- Practical applications and projects are precious and possible in Western society"

Nob Hill D5 **Dr. Steven Aung M.D.** from Canada – Laughing Qigong in

Healing

Russian Hill D6 **Dr. Terry Shintani M.D** - The Peace Diet

Telegraph Hill D7 Personal Appointments

Union Square D8 **Guolin Qigong** Specializing in Cancer - Experts from China.

Coit Tower D9 **Dame Dr. Effie Chow** Transition of Life - The Qi of Dying well

E: 3:30 pm - 4:45 pm

Ballroom E1 **SF Wushu Philip Wong and Zhang Hong Mei** - Children and parent-focused Wushu

Ghirardelli E2 **Master Cathy Mu** –The Secret to the Fountain of Youth, Radiating Beauty, & Joyful Love (Part II)

Fisherman's E3 **Guolin Qigong** Specializing in Cancer - Experts from China

Lombard E4 **Dr. Nadia Hole and Nigel Butler** – "Practical Qi, from Surfing to Spiritual - What Really Works!" and "Me to We" Ho'oponopono Qi for Personal Peace & Transformation"

Nob Hill E5 **Uwe Albrecht, MD** from Germany– "The Qi in modern Energy"

Medicine"

Russian Hill E6 **JacQuaeline** – "Wisdom of the Cosmic Mandate: A Holographic Approach To Empowerment"

Telegraph Hill E7 Personal Appointments

Union Square E8 **Crystal Chu Rimpoche** "Black Sect Buddhism Feng Shui"

Coit Tower E9 **Meditation**

5:00 pm - 6:00 pm Grand Closure of World Congress with all the Masters and presenters. Ballroom

- Resolution to the DHHS Administration and Presidents' Office
- Projections for Future of Qigong/TCM with Special Presentations,
- Spectacular Closing Ceremony of Congress and Finale Masters' Special Blessings, Demonstrations, and Attractions in Main Ballroom.

PROGRAM SCHEDULE – MONDAY

Additional Costs: \$100/full day and \$50/half day

9:00 am – 4:00 pm Post Congress Workshops (full-day)

Master RanYan – “Shaolin Qigong for Health” of the Shaolin Temple Whitcomb
Dr. Wang Yan - “Medical Qigong for Obesity, Smoking Cessation and Cancer Prevention”

JacQuaeline – “Wisdom of the Cosmic Mandate: A Holographic Approach To Empowerment”

5 China Experts – “Guolin Cancer Qigong”.

Dame Dr. Effie Chow - Chow Integrated Healing System/Chow Medical Qigong

9:00 am – 12:00 pm Post Congress Workshops (half-day)

Uwe Albrecht, MD, & Nadia Linda Hole, MD - “Qi & Pain! Got pain? Emotional? Spiritual? Is pain an invitation to go deeper?”

1:00 pm – 4:00 pm Post Congress Workshops (half-day)

Jane Sibbett – “Dance Yourself to Joy”

9:00 am – 4:00 pm Personal Consultations App’t 1 academic hour (50min.)

PROGRAM SCHEDULE – TUESDAY and onward

9:00 am – 4:00 pm Personal Consultations App’t 1 academic hour (50min.)

Special Feature: Monday Sept. 5 to Friday Sept. 10 9am to 4pm
Five famous Experts from China on Guolin Cancer Qigong will teach prevention and therapy for all types of Cancer with Guolin Cancer Qigong. Personal consultations available.

Check website eastwestqi.com

Chair: Dr. Effie Chow

Co-Chairs: Gigi Oh, Dr. Alex Feng, Dr. Steven Aung, Dr. Shin Lin, Dr. Terry Shintani, Master Marisa Vocca, Master Bill Douglas, Dr. Sandra Rose Michael, Dr. Wang Yan, and others...

Sponsor: East West Academy of Healing Arts.

Co-sponsors: TC Media/Martial Arts Mart, American Qigong Association, Zhi Dao Guan, Tiger Claw, Kung Fu Magazine, PGSG International Research Institute, Energy Enhancement System, World Qigong Federation, Academy of Qi Dao, Integrative Medicine, the University of Alberta, World Natural Medicine Foundation, University of Hawaii John A. Burn Medical School, Division of Integrative Complementary and Alternative Medicine, Bio Logic Aqua Research Center, Foxit Corporation & More!

EAST WEST ACADEMY OF HEALING ARTS (EWAHA)

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