

DR. EFFIE POY YEW CHOW

“Giving individuals the power to determine and manage their own health and destinies is the secret of true healing.”

Dr. Effie Poy Yew Chow



“The work of Dr. Chow is impressive. She has had remarkable success where others have failed”

Dr. Thomas Malone
Former Deputy Director
National Institutes of Health

In July 2000, Dr. Chow was appointed by President Clinton to the original 15 member White House Commission on Complementary and Alternative Medicine Policy. Recipient of the “Visionary of the Year 1997” “The Humanitarian of the Year 1999” and “The Visionary of the Decade 2000” Awards, Dr. Effie Poy Yew Chow has for over 40 years been working to integrate Traditional Chinese Medicine (TCM) with Western Medicine. Toward this goal, she founded the East West Academy of Healing Arts (EWAHA) in 1973 in San Francisco. In 1988 an arm of that organization, The EWAHA Qigong Institute, was established within EWAHA to promote research and clinical work in medical Qigong. In 2003 she was appointed by the Museum of Science and Industry, Chicago to their National Task Force on The 21st Century Initiative on Life and Health. In 2004 she was invited onto the 15 member international Advisory Board of the CAM Health Expo, and in 2005 onto the 20 member Advisory Board of the National Library of Medicine-Asian American Health Website Users Group. May, 2005 Vancouver General Hospital Nurses Alumnae Assoc. awarded Dr. Chow as the “Most Distinguished Nurse Graduate”. In 2006, became an Associate of AHA! Ventures Int’l & GIMN. In 2007, the Editorial Board of the Boardroom Inc., Bottom Line Women’s Health Publications, and Editorial Board of the prestigious new “super peer-reviewed publication” *The Journal of the Science of Healing Outcomes*. Also in October, 2007 AAAOM honored her as one of the “Pioneers and Leaders of Oriental Medicine in the USA”

Clients come from all parts of the world to consult with Dr. Chow. She travels internationally to see clients, give seminars and train practitioners. She has personally made presentations to over 450,000 people of all cultures, and to more than 600 corporations, including Fortune 500 companies, hospitals, health clinics, universities, and governmental agencies.

Dr. Chow has a Ph.D. in higher education, and a master’s degree in behavioral sciences and communication. She is a registered public health and psychiatric nurse and Qigong Grandmaster with 40 years’ experience. She is a National Diplomate in Acupuncture (NCCAOM) and a California-licensed acupuncturist since 1977. Dr. Chow received her training in Traditional Chinese Medicine and Qigong in China, Hong Kong, Taiwan, Canada and the United States. Her Qigong experience includes Frolic of Five Animals, Six Sounds, Taoist Qigong, Eight Silk Brocades, Dayan, Taiji (Tai Chi), Wai Tan Kung, Shaolin, Microcosmic Orbit, and others.

She is the only Qigong Grandmaster-Nurse-Acupuncturist in North America who has been active in the development of national health policies within the U.S. Department of Health and Human Services (DHHS) in the field of cultural diversity, alternative and ethno-medicine. In the early development (1970’s) of acupuncture licensing law in California, Dr. Chow was a consultant to Senator Moscone and other legislators. For over 35 years she has been consultant with the DHHS in various areas, such as the National Heart, Lung and Blood Institute/NIH, and the Minority Task Force. She has served as an appointed member of the National Advisory Council to The Secretary of DHHS on Health Professions’ Education for Medicine, Osteopathy, Dentistry, Veterinary, Optometry, Pharmacy and Podiatry (MODVOPP).

Dr. Chow was recognized for her expertise in the field of alternative medicine, Qigong and TCM through an appointment to the first Ad Hoc Advisory Panel of the Congress-mandated Office of Alternative Medicine at the National Institutes of Health (research Division of DHHS) in Bethesda, Maryland. Other appointments include: the Editorial Advisory Board of Rodale Press for special publications on alternative medicine; Editorial Consultant to Time/life Books; Editorial Advisory Board of the *Journal of Alternative and Complementary Medicine*; and the scientific Advisory Board of the Richard and Hinda Rosenthal Center for

Alternative/Complementary Medicine at Columbia University in New York; University of California San Francisco, a lecturer to the medical/health students; Advisory Board for a special project of Bastyr University of Naturopathic Medicine, Seattle, WA. She received honored recognition by the Ethnic/Racial Minority Fellowship Program of the American Nurses Association.

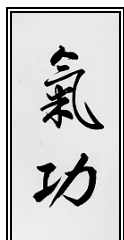
On over 500 occasions, Television/radio/news media publications internationally have featured Dr. Chow. They come to San Francisco from USA, Canada, Russia, Denmark, Australia, Korea, Japan, Rumania, and England to film her. Over 15 one hour or half-hour TV/Radio shows feature solely on her work. She is in a four-part TV series on alternative medicine. Many continue worldwide re-showing. Numerous awards honor her for being a pioneer/ leader in the fields of Traditional Chinese Medicine, Acupuncture, Qigong, Natural & general health care. A few are listed below:

- 2006 Awarded by International Qigong Conference in Bangkok Thailand "International Contribution to Status of Qigong"
- Vancouver General Hospital Nursing Alumnae Assoc's "Distinguished Graduate Nurse" Award, 2005
- "Building Bridges of Integration for Traditional Chinese Medicine 2004 Award" from the World Foundation of Traditional Chinese Medicine.
- "Year 2000: Qigong Promoter of the Year Award" for extraordinary services in promoting the cause of Qigong in the world. World Shaolin Chanmingong Association. April 23, 2000
- "Visionary of the Year" Award, from the Second World Congress on Qigong, 1997.
- The City and County of San Francisco proclaimed November 22nd as "Dr. Effie Poy Yew Chow Day", and November 20th-26th as "Qigong Week", 1997.
- "The President's Citation Award" of the American Assoc. for Acupuncture and Oriental Medicine, 1989.
- Distinguished Award from the National Society of Acupuncturists of the Republic of China, 1988.
- Distinguished Award: Ministry of Health, Department of Occupational Health, Republic of China, 1988.
- The American Nurses' Association (ANA) Award for Women's Honors in Public Service.
- Award in Entrepreneurship, given by the Human Rights and Minority Fellowship of ANA, 1988.
- Outstanding Service Award towards the recognition, advancement and acceptance of the Science of Acupuncture in the United States of America, given by the National Acupuncture Association.
- Listed in "Women's Who's Who of the World".
- "The Woman Warrior Award" from the Pacific Asian American Women's Bay Area Coalition.

Dr. Chow is founder and president of East West Academy of Healing Arts, American Qigong Association and World Qigong Federation. Qigong Grandmaster Effie Chow is chairperson for the annual World Congress on Qigong. Charles T. McGee, MD and Effie Poy Yew Chow, PhD have co-authored a book "Miracle Healing From China...QIGONG" (MediPress, Coeur d'Alene, Idaho, 1994). Chow Qigong System videotapes/DVDs: vol.1 "Qigong Basics and Exercises"; vol.2 "Qi Pressure™", and a meditation CD are available. Dr. Chow is available to present programs and consult with individual clients in your area.

"Effie Chow is one of the strongest energy based healers and acupuncturists I have met and I have seen with my own eyes some of the remarkable results of her Qigong work" - Deepak Chopra, M.D.

"She (Dr. Chow and Qigong) can bring movement to legs that haven't walked in years, but is not a physician; can make pain disappear, but is not a magician; can help one overcome life's pressures and disappointments, but is not a psychiatrist." - Asian Week



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